

Roger Goes to **VEGAS!**



During September, Roger Howard was able to learn new techniques while in Las Vegas at the 94th annual American Orthotics and Prosthetics Association conference at the Mirage Resort and Casino.

Each year the AOPA conference allows hundreds of Orthotic and Prosthetic professionals to come together to mix, mingle and share ideas that will help them stay on the cutting edge of their profession. The conference is the largest and oldest trade show for the orthotic, prosthetic and pedorthics profession. Some of the programs available to attendees included scientific programs, like a symposium on the treatment of spinal trauma, and futuristic topics such as osseointegration, robotics, wound care and materials science.

This was Roger's second time attending the AOPA conference. "It was a great forum for finding out about new technology and I was able to see what other people in the field are doing and what things are coming up on the horizon." Roger was also able to see some new ways to use technology already available. "And it's always exciting to be around people who have the same interests, and kind of speak your language. It helps you look at things in new ways," Roger said.

Traveling with Your Prosthetic

With the busiest traveling season of the year just around the corner, we wanted to remind patients to be prepared to travel with their prosthesis or brace.

Traveling with a prosthesis or brace doesn't have to make your vacation any less enjoyable as long as you plan ahead. Take steps to care for yourself and your device while you're away from home, so you can enjoy vacation without worry.

Here are a few basics that will help make your trip as relaxed as possible.

1. Double check that your prosthesis/orthosis is in good condition. Clean your system, check for tears or glue separation. Inspect the system's velcro for frayed edges or weak grip.
2. If your system needs repair, plan ahead and get it repaired before leaving home. The last thing you want is to be stuck far away from home with a poorly functioning prosthetic device or an ill-fitting brace.

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THIS ISSUE:
**AOPA CONFERENCE
IN LAS VEGAS**

**CHECK OUT OUR
WDT FEATURE!**

**PREPARE FOR TRAVEL
THIS HOLIDAY SEASON**

**September's Movie
Ticket Winners:**

Skyler J. George L.
James H. Ruth L.
Virginia H. Angela M.
Michael R.

**Somewhere in this newsletter
there is a misspelled word.
The first 10 patients to find
and call us at 315-786-8973
will WIN a pair of movie tickets!**

**(Please Note: Contest winners
must wait 3 months before
being eligible to enter again.)**

September's Misspelled Word:
"discomort"

facebook

**WE ARE NOW ON
FACEBOOK!**

Join Us!

Log on today and
become a fan of
Howard Orthotics & Prosthetics
and get daily updates on what
is going on in our office!



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Traveling with Your Prosthetic, Cont.

3. Bring prosthetic socks, socket liners, duct or filament tape for strap or buckle repairs, antibiotic ointment for treating overuse abrasions, a screwdriver with interchangeable bits, and plastic bags for covering your prosthesis around water and sand. Baby wipes are nice to have on hand since they're great for quick cleanings. Also, don't forget chargers for Bionic Systems.
4. Be prepared for unexpected mishaps regarding your brace or prosthetic device by bringing contact information for the closest certified prosthesis. HOP keeps a list of trustworthy CPOs from around the world. Call us before your trip to get the name and phone number of someone you can count on for help wherever you go.
5. Provide documentation: Bring a note from your doctor stating that you wear a prosthetic device. If necessary, have your doctor include your medical history, allergies to medications, and a current treatment plan (if you have one) and if you are insulin dependent get certification to travel with syringes.
6. These documents won't always be necessary, but it will be much less stressful to everyone in your travel group if you have them available if someone asks.
7. Never assume anything if you have special needs regarding accessibility. If you plan to be somewhere, call ahead to check that they can accommodate you.
8. If you have a handicapped placard, bring it along with you. You can use the placard anywhere in the United States - even in a rental car.

Check Out Our Feature in the Watertown Daily Times!

HOP is in the news! Check out the feature with photos that appeared in the September 7 Watertown Daily Times at our website, HowardRehabCenter.com.

The article covers how prosthetics are helping soldiers keep active lifestyles and even remain on active duty after the loss of a limb while fighting for our country.